

Learning about Meability through sports.

The Awareness Games were created to help others learn about people with different abilities and how they can adapt and live fulfilling lives. Students divide into groups and learn about adaptive sports and equipment. While playing games, students are introduced to Paralympic athletes and their sports and get a chance to try adaptive equipment these athletes might use. We teach them about being a good sport, sign language, navigating with a visual impairment, braille and overcoming the challenges of having a physical or intellectual disability.

## Student Banner Quotes...

- ~ I learned not to say something behind someone's back I wouldn't say to their face.
- ~ If you believe it, you can achieve it.
- ~ People with disabilities can do anything we can do.
- ~ I learned it is not as easy as it looks to use a wheelchair.

~ It is okay to be different and still be a skier.





## About the Author...

Sheryl Haraghey is an author and illustrator of children's books, ability advocate and professional adaptive ski instructor. She has taken these passions and developed an exciting, fun filled assembly that teaches students about acceptance and inclusion.

Her son Andrew's quest to make the U.S. Paralympic Alpine Ski Team inspired her first book "Andrew Can Ski". Kids are responding amazingly to our message! Questions? Call Sheryl Haraghey 860-508-7185 or e-mail Sharaghey@gmail.com check out www.awarenessgames.info